

An Altered Reality or ... A Break In The Fabric Of Space

Tina & Paul Hope-Darby



Having been exposed to other dimensions from a very young age, I have come to question the certainty in which people have referred to reality or the 'real World' and the clearly defined parameters of what's real and what's not, as there have been times when I have considered experiences from another dimension to be every bit as real as those experienced in the relatively narrow vibratory rate of the physical dimension.

This view is further reinforced when you witness events taking place in another dimension, which subsequently take place many years later in this dimension.



Many years ago, my husband Paul took part in a ritual of the Sun to achieve health wealth and success (all of which he seems to have achieved albeit coincidentally or otherwise) and at the climax of the ritual, out of the five participants, he alone found himself in a vast desert witnessing a glorious sunset and despite his love for deserts and the overwhelming temptation to walk further into it, he knew instinctively that if he did, at least a part of him would remain in that dimension, so he refrained and found himself back in the circle.

I believe that over the last three or four years (but probably much longer), the increasing vibration of Mother Earth is having a dramatic effect on the boundaries of our so called reality and as a result of this our psychic senses are being bombarded with higher level sensory input, which in turn is leading to mankind's altering view of the force-fed reality that we have been subjected to from birth.

We are collectively beginning to see through the illusion of this reality and starting to realise that nothing is as it seems and fear is one of the keys that helps maintain the false sense of security created by living within the parameters of the illusion.

The once rigid parameters are becoming increasingly flexible and more and more people are experiencing psychic phenomena, spiritual revelations and events that cannot be explained conventionally by science, but are more easily explained by quantum physics.

The more you come to terms with this rapidly changing reality and embrace the fact that nothing is as it seems, the more you will experience the changes and witness the reality behind the illusion however, this is sometimes easier said than done.

I believe that another of the keys to maintaining the illusion is that of the separation between race, creed, colour, political leanings, certain geographical areas by football team etc (I'm sure you've got the drift), when in reality everything is the same energy.

The reason for this fairly long winded reminder of what you already know at some level about a perceived reality, is that I experienced a real strange event a couple of days ago that I think must have some connection to a momentary change in reality.

Paul and I drove into one of the multi-storey car parks close to where we live, that we have used hundreds of times and parked on the second floor.

He took the stairs down to the precinct and I ran to get into the first of the three lifts just as the doors were closing, which I shared with a woman and her two young boys. The doors closed and the lift immediately started to descend.

From the second floor, the lift would normally take no more than ten seconds to pass the first floor and reach the precinct level, but on this occasion the lift took several minutes to make the same journey and one of the young boys who was clearly becoming agitated asked his mum when the lift was going to stop.

When the lift finally stopped at the precinct level, the doors would not open and I felt panic welling up in my chest; I'm a bit claustrophobic and having been stuck in a lift before and it's not a situation that I feel comfortable in. The same young boy who had asked when the lift would stop started jumping and screaming; his mother pacified him saying 'not to worry the door will open shortly'.

Paul was waiting by the lift door when it eventually opened and asked if the lift had gone back up to the top floor before descending, as the other lifts that had arrived later than mine, had in some cases made two trips in less time than my lift had taken to do the one trip.

Being aware that the post office was due to close in ten minutes, he had checked his watch a couple of times and confirmed that the lift had taken around four minutes to arrive and the door to open.

I expressed my concern to Paul and told him that I would use the stairs on the way back. I felt a level of unease that I could not put a reason to.



An hour or so later, we returned to the car park and Paul who was carrying the bags ran up the stairs to get some exercise and suffering with foot strain, I walked up at a leisurely rate. By the time I reached the first floor, I could hear the second floor door slam shut behind him as he headed for the ticket machine.

I reached the second floor door which was clearly marked with a large red number 2, that closed behind me with the familiar slam and I walked through the lift lobby which had a large red number 2 displayed on the wall and was met by Paul; we walked across to where we had parked the car, but it was nowhere to be found and both of us were feeling a bit 'spacey' and disorientated.

We turned around to look for the car in another area of the car park despite the fact that we knew exactly where the car had been parked and noticed that we were on floor 3, which was clearly denoted by a large red number 3; we looked at each other and Paul questioned what was going on and how come we were now on the third floor.

Rather than head back to the stairs we went down the ramp to the second floor and sure enough the car was where we had left it.

We sat in the car for a few minutes before exiting the car park and tried to make sense of how we could have arrived at the third floor when we had both independently exited on the second floor in a car park that we have been using for around 20-years. We were unable to find a rational explanation.

With the levels of disorientation that we were both experiencing and as crazy as it might sound, I wondered if there had been some sort of localised break in the fabric of matter or space; the stairs were in the close vicinity of the first lift that I had used to get to the precinct.

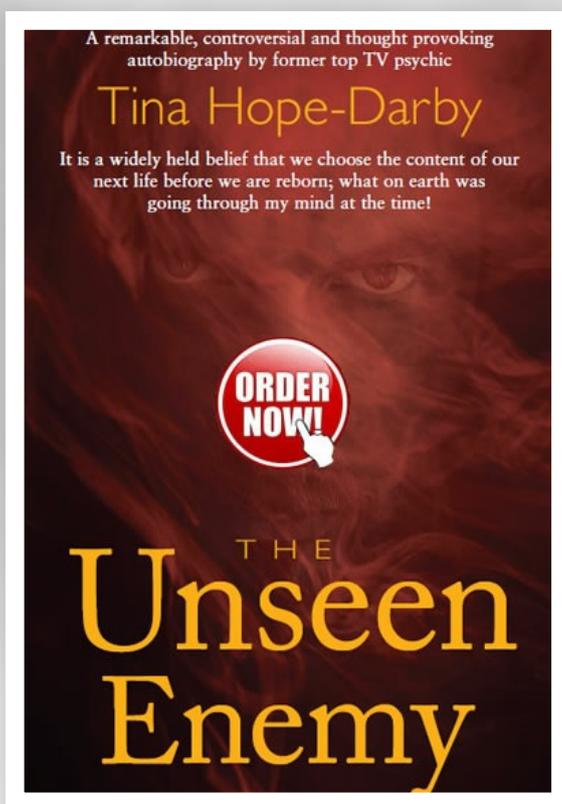
Digressing slightly, the town has a high level of psychic activity with many hauntings and at one time laid claim to having the most haunted house in Britain; I wonder if the division between the various dimensions is less clearly defined in this area.

The 'spacey' feeling and sense of disorientation had increased in both of us and within an hour of leaving the car park I was feeling stressful and nervous and Paul was feeling agitated and angry. These sensations were steadily increasing until around 9pm when Paul went into the garden to meditate and I practised Reiki.

Later that evening I mentioned the strange occurrence on Facebook and a friend mentioned that her husband had experienced a strange time related incident that day whilst driving his car.

Neither of us have any idea what it was all about; perhaps some of your readers may have experienced something similar and can throw some light on the strange event.

By Tina and Paul Hope-Darby.



The Unseen Enemy

an autobiography by [Tina Hope-Darby](#)

Synopsis

It is a widely held belief that we choose the content of our next life before we are reborn; what on earth was going through my mind at the time!

Written at the request of hundreds of her viewers, The Unseen Enemy is an insight into the life of a naturally open psychic who was unknowingly exposed to realms and entities that mankind is not supposed to have exposure to; realms that extend far beyond the fluffy ones, often portrayed by the Spiritualist movement and most psychic mediums.

Written by Tina Hope-Darby, a clairvoyant from birth, who before becoming a top television psychic and presenter on Sky TV, ran her own highly successful psychic consultancy for more than twenty years.

The unseen enemy is a remarkable, controversial and thought provoking autobiography that will share with its readers Tina's incredible psychic experiences; in-part humorous, horrifying, dark and enlightening, along with her highs and her lows; written from the heart in an open, frank and often humorous style, which belied the torturous events often playing out behind the scenes, even during the early stages of writing the book.

Tina has been a clairvoyant from birth and before becoming a psychic and presenter on Sky TV, she ran her own psychic consultancy for more than twenty years.

Tina has just released an autobiography entitled 'The Unseen Enemy' that recounts a lifetime's involvement with the psychic world.

If you would like to find out more, visit: www.theunseenenemy.co.uk